

Longstanton Army Cadet Force – April 2015

Since last year's meeting we have expanded with cadets and have been involved with activities from detachment in Longstanton to camps in Malta.

Parade

We parade on a Wednesday evening from 1900hrs - 2130hrs at the old naffi shop at Magdalene Close, Longstanton.

We have 24 cadets now from last year's 14 cadets they are aged from 12Yrs 6mths - 18yrs made up of. 10 female cadets and 14 male cadets.

We have a full rank structure in place now for cadets to follow.

We teach cadets a range of subjects they are.

Drill and turnout (so they can look smart and Parade)

Skill at arms (which in teaching a makeup of weapons safe handling rules these can only be taught by qualified instructors)

Shooting (on ranges with qualified instructors)

Navigation (teaching the cadets how to plan routes, read maps and understand the makeup off maps and the landscape)

Field Craft (this covers living sleeping and mainly survival in the field)

First Aid (we teach the cadets from basic FA which is Heart start up to the Youth First Aider we run competitions Longstanton had cadet cadets winning awards last year in the company within Cambs and this cadet went on to represent our County and came second)

Phy's (Physical Activities these can be made up of activities from running, sprinting, push ups, sit ups, Squats, walking.)

Expedition (camping out 1 nights living on ration packs walking from Waterbeach to Burwell then Burwell to Waterbeach through the countryside over 2 days)

Community work (this is working within the community but please remember we would need at least 8 week notice to attend any community event)

Camps and activities from last year.

The cadets have attended a number of camps around the country from Nescliff camp near Wales. Swynneton training camp near Newcastle. Thetford Training and they went to Malta while in Malta they did a lot for the community visiting a home for war veterans and they help prepare a meal for the veterans, attended a memorial service in Malta.

This coming year Camps

They will be going on camps around East Anglia, but there Summer camps in August they will be in Belgium and Normandy.

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This coming year activities

25 April - supporting St Georges Fun Day in Longstanton

31 May - helping with car parking in Ely.

June Expedition in the Dales that's a 3 day event.

Last thing please if you need or want us to help within the community please give me 8 week's notice.

Kind Regards

Sgt Rudderham SA

DC Longstanton Detachment

3 Company

Cambridgeshire Army cadet force