



Longstanton Parish Council

HEALTH AND SAFETY POLICY (adopted at a meeting held on 14th April 2014)

1. General Statement of Policy

- 1.1 Our policy is to provide and maintain safe and healthy working conditions, equipment and systems of work for all our employees, and to provide such information, instruction, training and supervision as they need for this purpose.
- 1.2 The allocation of duties for safety matters and the particular arrangements which we will make to implement the policy are set out below.
- 1.3 The policy will be kept up to date, particularly as the Council's activities change in nature and size. To ensure this, the policy and the way in which it has operated will be reviewed every year by the Policy Review Committee of the Council. Although risk assessment is a continuing process, it shall form part of the Committee's annual review.

2. Responsibilities

- 2.1 Overall and final responsibility for health and safety in the Council and for compliance with the Health and Safety at Work etc. Act and Regulations made under the Act and the Occupiers Liability Act is that of the Longstanton Parish Council. The Clerk is responsible for this policy being carried out at all the Council's premises.
- 2.2 The following supervisors are responsible for safety in particular areas:

Supervisor	Area	Any Special Responsibility
The Clerk	Parish Offices	
The Clerk	Cemetery	
The Council	Recreation Ground	
The Bookings Co-ordinator/Caretaker	The Village Institute	
The Tenants	The Pavilion	

- 2.3 All employees have the responsibility to co-operate with supervisors and managers to achieve a healthy and safe workplace and to take reasonable care of themselves and others.
- 2.4 Whenever an employee, supervisor or manager notices a health or safety problem which they are not able to put right, they must tell the appropriate person named above.
- 2.5 Consultation between management and employees is provided by immediate day to day discussion with the Clerk.
- 2.6 The Accident Record Book is kept in the Parish Office.

3. First Aid

3.1 First Aid boxes are located as follows:

Box 1: The kitchen at the Village Institute.

Box 2: The Parish Office.

Box 3: The Pavilion

3.2 Appointed persons responsible for boxes are:

Box 1: The Bookings Co-ordinator/Caretaker

Box 2: The Clerk

Box 3: The tenants at the Pavilion

4. Fire Safety

4.1 Fire extinguishers shall be visually inspected weekly in the Village Institute by the Village Institute's Bookings Co-ordinator/Caretaker. Fire extinguishers shall be maintained annually (currently by Chubb Limited).

4.2 Where applicable, any fire alarm systems shall be tested monthly by either the relevant manager or the Clerk. Without exception, a fire drill shall be held annually at all premises by the relevant manager. Annual electrical certificates shall be obtained on all Council occupied premises.

4.3 Fire exits shall be kept free from obstructions.

4.4 Notices shall be displayed giving directions for the evacuation of buildings in the event of fire.

5. Training

5.1 The Clerk has overall responsibility for training.

6. General Advice

6.1 General advice to all employees is attached as Annex V.

7. Specific Policies

7.1 Policies for particular premises and activities are attached as Annexes as follows:-

a. Offices.

b. Grounds Maintenance.

c. Caretaking and Cleaning.

d. Lifting and Handling.

8. Employment of Contractors

8.1 The notes to be given to contractors are attached at Annex [XX].

9. Reporting and Recording Accidents

9.1 All accidents and near miss accidents shall be reported to the Clerk who will record them in the Accident Record Book.

10. Smoking

10.1 Smoking is not allowed in any of the Council owned buildings.

OFFICES

1. Heating, Lighting and Ventilation

- a) Temperature must reach a minimum of 60.8 degrees F (16°C) after the first hour of working time and be maintained between 60.8 degrees F (16°C) and 68 degrees F (20°C) throughout the working day.
- b) Free standing heaters must not be used unless specifically authorised. When these are so authorised, they must comply fully with Fire Regulations and the area around them must be kept clear of any paper or other flammable materials, and be sited away from desks and chairs.
- c) Office lighting - desks should be placed to gain the maximum amount of light. Free-standing desk lights should be avoided or placed so as to minimise the danger of trailing electrical leads.

2. Electrical Equipment

- a) All electrical equipment shall be inspected in accordance with the Electricity at Work Regulations 1989 (SI 1989/635).
- b) Mains must not be overloaded. It is important that the correct socket outlet and plug top face (where these are available) is used for each item of electrical equipment.
- c) 13 amp plugs can be used for appliances with a loading capacity maximum of 13 amps. Plus fuses must be fitted to suit current load of the equipment being used, e.g. desk lamp, calculator, typewriter: 3 amp fuse; 2-bar heater, kettle: 13 amp fuse. Fuses are available with ratings of 3, 5, 7, 10 and 13 amps. The current load is normally shown on the item of equipment. When in doubt, do not guess, seek qualified advice.
- d) Only electrical equipment provided by the Council should be used and electric points must not be overloaded by means of multi-adaptors. All mains should be switched off when not in use, and plug tops removed from sockets overnight and at weekends.
- e) Leads from points for various desk uses should not present a hazard by trailing across areas of access. Extension leads are for temporary use only and should not exceed 10 feet in length.
- f) Defective equipment must never be used. Staff should not attempt to effect repairs to electrical equipment, unless competent to do so.

3. Furniture, Fittings and Equipment

- a) Heavy equipment and heavy furniture must not be moved by individuals.
- b) Office equipment whether manually or electrically operated, must not be used by unauthorised, untrained personnel.
- c) Filing cabinets should always have sufficient weight in the bottom drawer to prevent the cabinet from tipping when a full top drawer is opened. Filing cabinet and desk drawers must always be closed immediately after use. Drawer filing cabinets should be inspected at least every six months to ensure correct loading and smoothness of operation, with particular regard to the effectiveness of the drawer stops. Damaged or defective cabinets must not be used.
- d) High shelves should only be reached through the use of steps provided for that purpose. It is dangerous to stand on desks and chairs, particularly those fitted with castors and this should be avoided at all times.

4. Fire Precautions

- a) All staff must be fully conversant with the "Fire Alert" system displayed in the offices.
- b) Exit corridors, landings and stair cases must be kept clear at all times.
- c) Flammable materials must not be stored, even for a temporary period, in the offices or corridors, unless the storage is in a fire resistant structure such as a metal cupboard or bin, clearly marked "Flammable Materials".
- d) Waste paper bins must be of metal construction and be emptied each day.

GROUNDS MAINTENANCE

1. Only contractors or authorised members of staff, who have received training and instruction in the operation of machinery and equipment may do so.
2. All dangerous moving parts of machinery must be guarded. Guards must not be removed except for the purpose of repair and maintenance. All machinery must comply with statutory regulations for guarding and use.
3. The engines of any motorised equipment must be stopped before any inspection or adjustment is carried out. In the case of electrically operated machines the plug lead must be disconnected.
4. Children must not be allowed to play in an area where machinery is in use. Machinery must not be left unattended where children (or others) may interfere with them.
5. Stones and similar objects must be cleared from the path of equipment to prevent such objects being projected from machinery.
6. Fuel tanks must only be filled in the open, with the engine stopped. No risk of naked flames, or smoking is allowed in the vicinity of a fuel tank or storage can.
7. The manufacturer's instructions regarding the safe use of chemicals must be strictly adhered to.
8. Appropriate protective clothing such as gloves and overalls, face masks and boots must be used when operating with machinery and chemicals including herbicides and pesticides.
9. Ladders and stepladders must be in good condition and free from defects and securely positioned at all times when in use.
10. Pathways on Council owned premises shall be inspected annually.

CARETAKING AND CLEANING

1. It is essential that care is exercised to follow all labelled instructions on containers and packages. Products should be stored away from extreme low temperatures, heat sources and naked lights, particularly those products containing hydrocarbon and other flammable solvents.
2. Appropriate protective clothing such as gloves and overalls must be worn when handling corrosive substances.
3. Care must be taken to avoid ingestion, inhalation and skin contact of all chemical substances. Spillages must be cleaned up immediately while observing all precautions.
4. Consideration must be given to the possibility of hazardous by-products that may arise from reaction between various products, or from products exposed to heat or fire. Particularly in the case of bleach which will produce chlorine gas if mixed with acidic cleaners (e.g. Harpic) or other acidic substances. Where possible a safer alternative product will be obtained and used.
5. Stepladders which are used to gain access to heights must be in good condition and free from defects.
6. All electrical cleaning equipment must have been wired up by a qualified person. Any deterioration in electrical conditions or wiring must be reported immediately.
7. Floors must be treated only with approved non-slip products. The method of application and quantities to be applied should be that recommended by the manufacturer.
- 8. You MUST Report**
 - a) Structural faults which appear dangerous
 - b) Floor coverings, etc. which cause a trip hazard.
 - c) Faulty gas, electric, paraffin fixtures, fittings or equipment.
 - d) All accidents, however small, should be reported.
- 9. You SHOULD NOT:**
 - a) Attempt to repair gas, electric, paraffin fixtures, fittings or equipment.
 - b) Attempt to move obviously heavy furniture alone.
- 10. You SHOULD:**
 - a) In the event of having to stand on something to reach windows, etc. do ensure the object on which you will stand is solid and reliable.
 - b) Dispose of aerosol cans in the recommended way.
 - c) Dispose of soiled materials in sealed bags.

LIFTING AND HANDLING

1. The 1992 Regulations apply to lifting, pushing, pulling, carrying and moving by hand or by bodily force. More work injuries are caused through 'handling goods' than any other single action.

Manual lifting is included in this and an incorrect technique can cause:

Hernia (or rupture), torn back muscles, 'slipped disc', cuts, bruises, crush injuries to fingers, hands and forearms, crush injuries to toes, cuts and bruises to the legs and feet.

2. The following basic rules are produced to help reduce these accidents:

Never attempt to lift anything beyond your capacity. If in doubt get a second person or others to help.

If mechanical aids are provided, use them.

If an object is to be lifted manually:

- a) Bend the knees and crouch to the object.
- b) Get a firm grip using the whole hand and not the finger tips.
- c) Keep the back straight.
- d) Tuck the chin in.
- e) Position the feet so that one is behind the other alongside the object, pointing in the direction of movement after lifting.
- f) Push off with the rear foot. Straighten the legs and raising the object, move off in required direction in one smooth movement.
- g) Avoid pinching fingers when releasing object.
- h) When lifting is done by two or more persons one should be appointed leader to ensure movements are co-ordinated.
- i) Protect your toes with safety footwear.
- j) Wear protective gloves when handling objects with sharp or jagged edges.

GENERAL ADVICE TO ALL EMPLOYEES

1. Tidiness

- Keep floors, passages, etc. clear of stores, packages and litter.
- Put waste paper in the bin. Do not throw broken glass, razor blades or other dangerous items loose in the waste bin. Dispose of these with care and ask for advice from your Manager if in doubt.

2. Falls and Collisions

- Walk, do not run. Look where you are going.
- Use care in opening doors outwards.
- Take care on stairs and use the handrail.
- Mop up spills of liquid, do not leave it to someone else.
- Do not climb on chairs, desks, window sills to reach shelves or to open windows.
- Use a stepladder and window poles, etc.

3. Fire Precautions

Read and understand fire precaution notices.

- Ensure that you know the layout of the fire exits and emergency routes.
- Report or remove where possible, any obstruction of fire exits and passages.
- Keep cloths and towels away from heaters and convectors, etc.
- Do not stand close to an electric fire, if use permitted, nor stand them near to anything that will burn.

4. Horseplay

- Avoid horseplay, sky larking, practical jokes as it can be dangerous.

NOTICE TO CONTRACTORS

For Longstanton Parish Council to comply with Health & Safety Legislation, all outside contractors employed to do work on Council premises are to be made aware of the expected requirements related to health and safety. A contractor accepting a contract from the Council shall be deemed to have agreed to comply with the following requirements:

1. As a contractor you will supply and ensure that your employees wear and use protective equipment or anything provided in the interest of health, safety and welfare of any of the relevant statutory provisions.
2. You and your employees will ensure that all equipment, plant machinery and apparatus brought onto or used on the Council premises are safe and without risk to health, and are maintained to a standard that will not constitute an offence under the Act or any of the relevant statutory provisions.
3. You and your employees will conform, in all respects, to your legal duties and responsibilities as laid down by the Health and Safety at Work Act 1974 (amendments), and relevant statutory provisions.
4. The Council will retain the right to stop any operation, plant or equipment, or the action of any of your employees if it is considered that there is a hazard to the safety and health of employees or others. The Council will not accept any responsibility for any increased costs arising out of such action.
5. In the event of the Council taking this action, your site representative will be notified verbally and will have confirmation in writing by the Clerk to order such a stoppage.
6. The Council will be indemnified by you or your insurers in respect of any claims, costs or expenses arising out of any incidents on Council premises involving you or your employees.
7. The Council may notify an inspector, appointed under the Authority of the Act, of any breach of the Regulations.
8. Contractors must supply a copy of their Risk Assessment and Method Statement for each task undertaken on behalf of the Parish Council and a Risk Assessment for each and every piece of equipment used in completing each task.